

BRIGHTON DENTAL

Implants. General Dentistry. Restorations. Surgical Referrals.



Brighton Dental P.L.C.

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PRE-SURGICAL INSTRUCTIONS FOR SINUS ELEVATION

- Five (5) days prior to surgery, take 500mg of Vitamin C, three (3) times a day
- Three (3) days prior to surgery, take three (3) 200mg ibuprofen tablets, three (three) times a day. This can be any brand of over-the-counter ibuprofen
- You may be given an antibiotic in the office prior to your surgery
- Pre-medicate with an antibiotic if prescribed:

Rx: _____ _____ Start ____ days prior to surgery.

These instructions are for your benefit and will aid in your comfort following surgery. If you have any questions, or have any difficulty taking the above listed medications, please call the office or the emergency numbers listed below.

You will also find it beneficial to rest the evening prior to your surgery and to get a good night's sleep. You should also plan to rest the day of your surgery, before and after – this can greatly decrease any discomfort. If you will need additional days off from work, contact the office and we will arrange for a letter to your employer.

You can contact Dr. Thomas at home (248) 676-2146 or cell (313) 530-8833